

Download Source Book Of Gestalt Psychology

Gestalt psychology or gestaltism (/ ɡ ɛ ˈ ʃ ɔː l t ɪ ˈ ɒ ɡ ɪ ˈ ɪ ʃ t ɪ z əm, - ɡ ɛ ˈ ʃ ɔː l t ɪ ˈ ɒ ɡ ɪ ˈ ɪ ʃ t ɪ z əm /; from German: Gestalt [ɡ ɛ ˈ ʃ ɔː l t] "shape, form") is a philosophy of mind of the Berlin School of experimental psychology. Gestalt psychology is an attempt to understand the laws behind the ability to acquire and maintain meaningful perceptions in an apparently chaotic world. Editor's Note: This article originally appeared in Volume IV, Number 2, (Fall, 1981) issue of The Gestalt Journal. It remains the most definitive article on the relationship between Gestalt therapy and Gestalt psychology. This paper, coauthored with James S. Simkin in 1981, was the Gestalt Therapy chapter in the 1989 edition of Corsini and Wedding's Current Psychotherapies (4th Edition). It appears here with the kind permission of the publisher, F.E. Peacock, Publishers, Inc. of Itasca, Illinois. Gestalt therapy is an existential/experiential form of psychotherapy that emphasizes personal responsibility, and that focuses upon the individual's experience in the ...